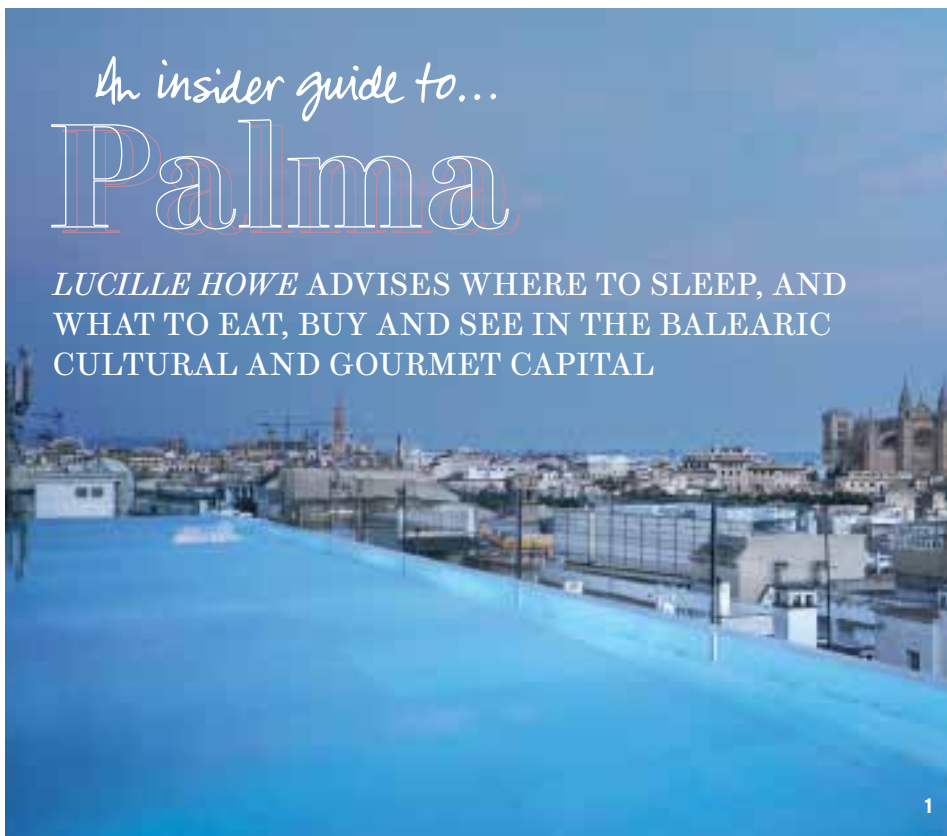


An insider guide to...

# Palma

LUCILLE HOWE ADVISES WHERE TO SLEEP, AND WHAT TO EAT, BUY AND SEE IN THE BALEARIC CULTURAL AND GOURMET CAPITAL



1



2



3



4



5



6



6

**Sleep in style. The Nakar Hotel (1) is an oasis of 57 rooms with a buzzing rooftop pool embracing a glittering urban vista. Despite being on one of the best shopping streets, rooms are serene and equipped with top technologies, and the service is world-class. [nakarhotel.com](http://nakarhotel.com)**

Designer dine. Marc Fosh (2) is Palma's gastronomy superstar who earned his fame in London, France and San Sebastian, and his flagship has theatricality and open-kitchen flair. New ventures, Fosh Lab and Fosh Kitchen, opened last summer. [marcfosh.com](http://marcfosh.com)

**Embrace a whole lifestyle. Raw, vegan, and organic, Ziva (3) is stocked with smug treats. This gorgeous pit-stop also offers cooking classes and talks on nutrition. Its CEO, Swedish Petra Wigermo, is a chef and holistic counsellor, plus Ziva can help with your raw detox plan. [zivatogo.com](http://zivatogo.com)**

Try social dining. Patrón Lunares (4) takes over the former Montepio del Arrabal Society in Santa Catalina. Utilitarian furniture hat-tips the heritage while booths and restored brickwork bring style. Dishes such as the guacamole - you fuse ingredients yourself in a rustic mortar - makes it fun for groups. [patronlunares.com](http://patronlunares.com)

**Browse fantastic furnishings. Fashion and interior concept store Bconnected (5) touts a playful, bright Balearic style. Owners Andree Mienkus and Christine Leja know the history of each piece, most of which are sustainable or fair trade, including the high-backed woven chairs in party-popping colours. [bconnectedmallorca.com](http://bconnectedmallorca.com)**

See art. At the contemporary art museum Es Baluard (6), you'll always catch a conversation-starting installation and permanent work by Joan Miró. A €30 pass will also buy you a ride on the old-fashioned tram from Palma to Port de Sóller, as well as entry to Fundació Pilar i Joan Miró museum and Can Prunera. [esbaluard.org](http://esbaluard.org)